

SACRED HEART PARISH

Office: 75 Manitoba Street, Guelph, ON N1E 3C2

Church: 98 Alice Street, Guelph, ON N1E 2Z8

sacredheart20014@gmail.com



CLERGY

Father Wieslaw Berdowicz S.Chr., Pastor

PARISH OFFICE

Monday – Friday
9:00 a.m. – 1:00 p.m.
Tel: 519-822-8944
Fax: 519-822 -6699

CATHOLIC SCHOOLS

Sacred Heart Catholic School
Tel: 519-824-2751
St. James Catholic High School
Tel: 519-822-4290

OUR LORD'S DAY LITURGIES

Saturday 7:00 p.m.
Sunday 10:00 a.m., 7:00 p.m.
12:00 p.m. – Polish Mass

WEEKDAY MASSES

Please check schedule next page

St. Vincent de Paul: 519-265-8944

Sacrament of Penance:

Before each weekday Mass,
Saturday 6:20 p.m. - 6:50 p.m. Any time upon request.

Sacrament of Baptism:

Please contact the Parish Office at least a month prior to the proposed date of Baptism. Application forms are available at the office.

Sacrament of Marriage:

Please contact the Parish at least six months before the proposed date of marriage.

Sacrament of Anointing and Communion to the sick:

Available upon request

Exposition of the Blessed Sacrament:

Fridays from 9:00 a.m. to 7:00 p.m.
All Night Adoration Every First Friday of the Month.

Catholic Funeral Rites:

For information regarding Catholic burial please contact the Marymount Cemetery & Our Lady Immaculate Mausoleum at 519-836-8814

Catholic Womens League (CWL):

Contact person: Iole Cazzola 519-824-6022

Knights of Columbus

St. George Council 16183

General Meeting - 2nd Tuesday of the month at the I.C.C.
For information, contact - Grand Knight - Mr. Mike Macerollo
519-710-5354 email: macerollo.m@gmail.com

PARISH MINISTRIES (please contact the people listed below to volunteer in **YOUR** parish!)

Extra- Ordinary Ministers	Angela Marchione-Faragher	519-831-4377	Polish Ministries:	Jadwiga Wrzalka	519-760-0040
St. Vincent de Paul	Patricia Franceschini	519-822-7765	Lectors	Angela Marchione-Faragher	519-831-4377
Altar Servers	Roandre Villegas	519-823-0482	Ushers	Jack or Monica Glazier	519-822-7629



MASS INTENTIONS

Sunday 03-09

10:00a.m. ++Henry & Carolina Holman
 12:00 p.m. ++Leokadia & Antoni Mieczkowski
 7:00 p.m. +Marc Wysocki, +Don Grierson

Monday 03-10

8:15 a.m. +++Mary, Joseph, Paul Simpson

Tuesday 03-11

7:00p.m. +Grzegorz Potepski

Wednesday 03-12

8:15a.m. 1.) For Parishioners
 2.) Return to faith for family members

Thursday 03-13 Stations of the Cross

7:00p.m. 1.) For Family Forgiveness & Healing

Friday 03-14

8:15a.m. +Jeannine Seitz
 7:00p.m. **Droga Krzyżowa**
 1.) +Grażyna Marzec
 2.) +Stanisława Jankowska i zmarli z Rodziny
 3.) O Boże błogosławieństwo i potrzebne łaski dla Konrada z okazji urodzin
 4.) ++Paweł & Jadwiga Gąsiorowscy

Saturday 03-15

8:15a.m. +Marie Bolzon
 7:00p.m. +Anna Wojtowicz, +Waclaw Lojko

LITURGICAL SERVERS

Saturday 03-08 7:00 p.m. –altar servers

-Lector: F. Ogunbi

Sunday 03-09 10:00 a.m. - altar servers:

-Lector: C. Maiocco
 - E. O. M. A.M. Maiocco/P. Stradiotto
 - Ushers: R. Saretta, T. Heart, P.L. Ndemanu

Sunday 03-09 12:00. p.m. - ministranci:

- Lektorzy: J. Zylkowski/B.Gonczar
 - Kolektorzy: J. Wabinski/M. Kasinski/T.Niemiec

Sunday 03-09 7:00p.m. - altar servers:

-Lector: A. Percic
 - E. O. M.: M. Trent

NEXT SUNDAY

Sunday 03-16

10:00a.m. Renzel & Roandre, God's blessings
 12:00 p.m. +Henryk Mieczkowski
 7:00 p.m. ++Teresa & Agostino Leo

IN THE NEXT WEEK IN THE DIOCESE OF HAMILTON WE PRAY FOR THE FOLLOWING PRIESTS

Monday 03-10- Rev. Adam Voisin
Tuesday 03-11- Rev. Robert Bulbrook
Wednesday 03-12- Permanent Diaconate Candidates
Thursday 03-13- Rev. Jeffery Oehring
Friday 03-14- Rev. Francesco Cucchi
Saturday 03-15- Rev. Mark Gatto

ANNOUNCEMENTS

SUNDAY COLLECTION: \$ 2,620.00
Loose Collection: \$ 701.35
Initial Offering: \$ 125.00
Seminary Offering: \$ 10.00

THANK YOU AND GOD BLESS!



FIRST SUNDAY OF LENT-MARCH 9, 2025

Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the Holy Spirit into the life-commitment God has prepared for you? If God is calling you, to be a priest, religious or deacon, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988.

vocations@hamiltondiocese.com hamiltondiocese.com/vocations/

MARCH CALENDAR OF EVENTS



Sunday 09 - First Sunday of Lent
 - Daylight Saving Time begins
Thursday 13 – Stations of the Cross in English @ 7pm
Friday 14 – Stations of the Cross in Polish @ 7pm
Sunday 16 - Second Sunday of Lent

FR. WIESLAW WILL BE AWAY MARCH 11TH – MARCH 14TH FOR STUDY DAYS IN THE STATES. FR. DON SANVIDO WILL SAY MASS DURING THAT TIME.

STATION OF THE CROSS



We invite you to a Lenten Devotion on **Thursdays at 7:00pm**. Followed by a Mass. In Polish, Stations of the Cross will be on **Fridays at 7:00pm**. Everyone welcome.

SACRED HEART VOLUNTEER PROGRAM

Sacred Heart Parish Volunteer Program has been mandated to be updated by the Diocese of Hamilton. What does this mean? All current Sacred Heart Parishioners who are volunteers: whether you are a Lector, Extra Ordinary Minister of the Holy Communion, Usher, Altar Server, Music Ministry, Money Counter, Church Key holder, help with decorating the church or help with parish events (committee only) are required to fill out a volunteer form which will be located in the Narthex (the back of the church) or by going to the parish office to pick one up. This form is **NOT** an option not to fill out by volunteers – it is required. Please **PRINT CLEARLY** so that we can read the information as we need to add to our database system. All forms are due by **March 31st, 2025**. If you have any questions or would like the form electronically please contact Tracy at tbolzon@hamiltondiocese.com.

**LIFT JESUS HIGHER RALLY
"POWER FROM ON HIGH"**

Metro Toronto Convention Centre, Toronto. Join the Catholic Renewal Ministry on Saturday, March 29, 2025. Variety of speakers. Closing Mass celebrated by Archbishop Francis Leo. Tickets \$30 and bus tickets are \$20. For tickets and bus transportation please call: Ana Percic 519 824 8456. For more information on the rally go to <https://www.ljhr.ca/>

MARTYR SHRINE - SMALL RELIQUARY

Saturday March 29, 9am to 3pm: Join us as we welcome Fr Bert Foliot a Jesuit priest from the Martyr Shrine. He was ordained 52 years ago, been a pastor of numerous parishes in Toronto and Winnipeg. He has also done ministry among Indigenous Peoples for 25 years. He served as the rector of Regis College in Toronto and was the director of the Jesuit Infirmary in Pickering, Ontario. He was a superior of Jesuit Communities for 45 years. Presently, he is a member of the Jesuit staff at Martyrs Shrine and is pastor for the Beausoleil First Nation on Christian Island. For 7 years he walked from Guelph to Midland, Ontario with the Guelph Walking Pilgrimage. This all-day talk will be about the Shrine's 100 years and a 400-year story of love and discovery with St. Jean de Brébeuf and his companions. **The day begins with Mass at 9am with blessings from the relics, discussion on the Martyrs and a synodal spiritual discussion after. Lunch is provided. No cost to attend. RSVP required - please call St Joseph Parish Office at 519-822-4614.**

FIRST SUNDAY OF LENT

Why did Jesus subject Himself to the most cruel and ignominious of deaths. One drop of his Precious Blood would have saved a thousand worlds. He chose this death to prove to us the infinite sincerity of his love for us. And we - careless, insensible, thoughtless blind - remain unmoved at the sight of all He did for us. We look at a crucifix and feel no pity for our Crucified Lord. We look on the Stations of the Cross and feel no answering sorrow stir our hearts. He did all that God could do to constrain our love, but our coldness, our incredible blindness nullifies all that Divine Love did to gain our affection. Worse still: "By our sins," the Apostle tells us, "we crucify again the Son of God and make a mockery of Him." We know and believe that He is God, that He suffered and died for each one of us, yet we remain hard and ungrateful at the sight of all that Jesus has done for us. Why do our hearts not burn with love of Him? Because we do not trouble to think about the Passion; we do not ponder on it; we do not love it. Clearly, we must love and honour the Passion. Here are a few ways to help us to do this: **1.** Making the Sign of the Cross slowly and reverently. Remember that each time we make the Sign of the Cross we offer the Passion and death of Jesus to the Eternal Father and thank Jesus for dying for us. We also console the Heart of Jesus; we obtain pardon for our sins; we help to save the world from great evils.

FR. P. O'Sullivan

LENT FREQUENTLY ASKED QUESTIONS

What is Lent?

Lent is a sacred season of prayer and devotion in the Christian calendar. For Roman Catholics, the forty days of Lent are a time of fasting, prayer, and almsgiving to prepare for the Resurrection of Jesus Christ on Easter Sunday.

What is Ash Wednesday?

Lent begins on Ash Wednesday. Catholics receive ashes made from the blessed palm branches from last year's Palm Sunday Mass in the shape of a cross on their foreheads. This sign serves as a solemn reminder of human mortality, the importance of the spiritual life, and the need for repentance.

Why don't Catholic eat meat on Fridays during Lent?

Abstaining from meat on Fridays is a common practice of penance and remembrance of our Lord's death on Good Friday. This

penitential practice is rooted in the Church's tradition of fasting and abstinence during the Lenten season. By giving up meat—often considered a symbol of luxury—Catholics engage in self-discipline and reflect on Christ's ultimate sacrifice.

Why don't Catholic say "alleluia" during Lent?

When Roman Catholics observe Lent, Catholics omit using the word "alleluia" until the Lenten fast ends and the Church celebrates the Resurrection of Jesus. "Alleluia" is a joyful expression of praise and thanksgiving. Its absence during the weeks of Lent underscores the season's somber mood, allowing for a more intentional focus on repentance, self-discipline, and spiritual contemplation. The word is reintroduced with great festivity during the Easter Vigil, celebrating the triumphant victory of Christ over sin and death.

Why do Catholics practice prayer, fasting and almsgiving during Lent?

This period of fasting, prayer, and almsgiving fosters spiritual growth by holistically deepening our relationship with God. Through prayer, Catholics draw closer to God. By fasting, Catholics detach from worldly comforts and redirect our focus toward the Lord. Refraining from certain foods or activities as an act of penance is often associated with Jesus' 40-day fast in the wilderness. Almsgiving involves acts of charity, kindness, and generosity—particularly toward those in need—as a concrete expression of compassion. By giving to the less fortunate, Catholics participate in the mission of social justice and demonstrate a commitment to serving others, mirroring the teachings of Jesus to care for the marginalized and vulnerable.

LENTEN PRAYER

Jesus, before witnessing your Passion and death, many proclaimed you blessed. But when you came in the name of the Lord, you were nothing like what we expected. Your heavenly triumph offers neither power nor prestige. Instead, you show us how to bless the world through charity, forgiveness and self-sacrifice. Fill our hearts with joy so that we can forever sing "Hosanna!" united as one with you. Amen.



WELCOME TO SACRED HEART PARISH

Our Parish is an ethnic Parish. Our Parishioners are those who are formally registered at our Church. Please note that we are not able to issue any reference or letters of eligibility to non-parishioners. Are you formally registered at the Parish? Please fill out this form and place it in the collection basket on Sunday. Alternatively, you can call the parish office to update your file or register. 519-822-8944.

WOULD YOU LIKE TO REGISTER?

PLEASE COMPLETE FORM AND DEPOSIT IN THE COLLECTION OR HAND IN TO THE PARISH OFFICE.

Family Name _____

First Name (s) _____

Address _____

Phone No. _____

Email address _____

Sunday Offering Envelopes: Yes _____ No _____

Tax receipts available for your donations. Please obtain envelopes at the Office. Tax receipts for all donations over \$20 are issued every January.

Please pray for; + Mohinder Banwait. + Alina Penar, + Urszula Jachimowicz. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.

GW Lawn Maintenance & Snow Plowing
 Commercial and Residential
 Complete Grounds & Turf Management
 Year Round Service • Dump Trips
 
Greg Wasniewski 519 827-5396

TAMBRO
CONSTRUCTION LTD.
 • general contracting
 • design - build
 • build to lease
 1 Taggart St., Unit 1
519-766-1234



WILL LENSSEN
 Broker
 C: 519-830-4799
 4wlessen@gmail.com
 K of C Council 10631

★ ★ ★
GLOGOWSKI
euro food
 ★ ★ ★
 403 Highland Road West Kitchener
 519•584•7190
ZAPRASZAMY NA ZAKUPY


Brombal
 FUNERAL HOME & CREMATION CARE
519-824-0031 www.Brombal.ca
 Family Owned & Operated since 1932
Dean Brombal
 President & Managing Director


***NATURE'S SALT CAVE**
 Couples Massage
 Sauna / Mani / Pedi
519-767-0990
 www.NaturesSaltCave.com

Adwokat
Maciek Piekosz
 Reprezentuję ofiary wypadków
519.660.7718
 siskinds.com/maciek
SISKINDS | The law firm



STEFFLER
HEARING AID SERVICE
 Complimentary Hearing Tests
Jennifer Steffler
 200 Yorkshire St. N.
519-823-8235

Royal City Pharmacy

 • Shop at your local pharmacy
 • Blister packing
 • Home health care
 • Osteomy Supplies
 • Insulin pump supplies
 84 Gorden St. **519-763-8975**
 royalcitypharmacyguelph@gmail.com

 **SAMBOR ROOFING**
 Roofing • Siding • Eavestroughs • Windows & Doors
 FREE ESTIMATES 519-822-9393

PROFESSIONAL HOME CLEANING
 House, Condo & Apartments
 Windows • Ovens • Refrigerators
 Deep Cleaning or Scheduled
 Call **Danuta** for a Free Estimate
905-781-1737

 **The only not-for-profit organization to offer 4 lifestyle choices for seniors.**
 Life Leases • Retirement
 Retirement Plus • Long Term Care.
CALL FIONA FOR A TOUR
ELLIOTTCOMMUNITY.ORG
 170 Metcalfe St.
 519-822-0491 x 2240

Eat Shop Spend and Enjoy LOCAL
 please support the businesses that support your parish

Sylvan Learning Free Assessments
 Grades K-12 All Subjects
 Mention Sacred Heart for 1st class free
 519-823-5711
 sylvan.guelph@gmail.com

Remember...
 Let our advertisers know you saw their ad here.


McELDERRY & MORRIS
Barristers & Solicitors
 Practice Established in 1921
 Sergio J. Manera, B. Math, LL.B.
 Patrick G. Morris, B.A. LL.B.
 Gregory G. Matthews, B.A., M.B.A. LL.B.
 Elliott Braganza, M.Mus., J.D.
 Hayes Murphy, (1936-2022)
 Jerry W. Matthews, (1927-2018)
 Patrick J. Morris, (1923-2012)
 84 Woolwich St., GUELPH
519-822-8150

CAMBRIDGE
TOYOTA
 New & Used
 Sales & Leasing Consultant
Eva (Ewelina) Glogiewicz
 2400 Eagle Street North
519-653-7030
 Cell: 519-584-5840

Call
 1-800-268-2637
 for this space

VINNIE'S

Vince Klimkosz
 Class "A" Licenced Mechanic

WALL-CUSTANCE FUNERAL HOME
 Locally Owned & Family Operated
 \$5995 + HST - service with casket included
519-822-0051 www.wallcustance.com

THE PERFECT SPOT
 TO ADVERTISE YOUR BUSINESS!

 TO ADVERTISE IN THIS SPACE PLEASE CALL
1-800-268-2637

Full Automotive Services
TWO LOCATIONS TO SERVE YOU BETTER
 30 Hayes Ave. **519.821.8880**
 41 Woodlawn Rd. W. **519.821.1888**
 (in front of Walmart)
fast • reliable friendly service
 www.vinniesmrfixit.com


Shopping Locally Saves Gas!

GILBERT MACINTYRE & SON
 www.GilbertMacIntyreAndSon.com
SINCE 1933
DUBLIN CHAPEL
 519-822-4731
HART CHAPEL
 519-821-5077

Emilia McCORMACK
 REAL ESTATE BROKER
 TRILLIUMWEST
 Real Estate Brokerage

EmiliaMcCormack.com
226-314-1600